



## LIQUID NETTLE FEED

Liquid feeds provide extra nutrients for plants in need. These feeds are not a substitute for good soil care, but instead a top up of nutrients in readily available form that plants can use quickly.

### Recipe

- Lots of Nettles, young leaves are best
- Water

You will also need thorn-resistant gloves, a brick, a bucket and scissors

### How to Make

Collect enough nettles to fill the bucket, cut into small pieces and put into bucket.

Fill with enough water to cover all nettles and weigh down with a brick

Leave for 3 weeks, stirring occasionally.

### How to Use

Mix 1 part liquid feed with 10 parts water in your watering can. Use to feed all your plants, especially your heavy feeders like tomatoes, pumpkins and cucumbers, or plants that have yellowing leaves and are lacking in nitrogen.